



Week 6 | Depravity / Sin

Trouble Spot 4

Foundational Passage: Romans 3:9–20

Big Idea: Transformed men stop blaming others for what is broken inside of them, honestly confess their depravity, and turn to Jesus for rescue and renewal.

I. FALSE TEACHING ABOUT MEN

Men are basically good people who have been taught to do evil.

This leads to a world of half-truths:

1. Men are failing because of poor self-esteem.
2. Men are failing because of a lack of opportunity.
3. Men are failing because of a lack of education.
4. Men are failing because of defective genes.

These are real external challenges, but not the whole story.

II. THE WHOLE TRUTH ABOUT MEN

1. We are naturally inclined to go our own way and forsake our Creator. (Jeremiah 17:9; Psalm 51:5)
2. Our first parents, Adam and Eve, sinned against God. (Genesis 3:1–6)
3. Adam's guilt was counted against all of his children. (1 Corinthians 15:21–22)
4. Adam's sinful nature was passed on to all of his children. (Ephesians 2:1–3)
5. All of Adam's children chose to sin by their own will. (Psalm 14:1–3)

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III. DEPRAVITY DEFINED

Depravity means that we are all fallen and cursed creatures, at odds by nature and by choice with our Creator and each other. (Romans 3:9–20)

IV. THE CONSEQUENCES OF OUR DEPRAVITY

1. We are separated from God.
2. We are subject to a life of futility.
3. We are enslaved to a corrupt nature.
4. We are sentenced to death.
5. We are destined for hell.

V. THE IMPORTANCE OF OWNING YOUR DEPRAVITY

1. It makes you aware of your need for a Savior.

We need salvation, not just reformation.

2. It keeps you from blaming others for your sins.

The problem is in me, not just out there.

3. It sobers you as a Christian to your ongoing temptations.

We know that the battle against the flesh will be for life.

4. It helps us submit our instincts to God's truth.

We do not automatically trust our instincts.



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VI. DISCUSSION QUESTIONS

1. Which part of the biblical doctrine of depravity is most challenging for you? Why do you think this teaching feels counterintuitive to us today?

2. What has helped you come to terms with your own sinfulness as a man? Why is it important for us to own our sin and the consequences of that sin?

3. Is there anything keeping you from turning to Jesus to save you from your sin?

4. How can the group pray for you this week?



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VII. HOMEWORK

Memorize Romans 3:12 (ESV).

“All have turned aside; together they have become worthless; no one does good, not even one.”

Action item: Confess your depravity, own your sinfulness, and turn to Jesus to save you.

1. Confess your depravity.

Spend time in prayer before God and honestly acknowledge the truth of Romans 3. Do not defend yourself. Simply confess:

“God, apart from your grace, I am not righteous. I do not naturally seek you. My heart is deceitful. My desires are disordered. My thoughts, words, actions, and motives have been corrupted by sin. I need your mercy.”

2. Own your sinfulness.

Name specific sins that reveal your depravity. Write down at least three specific areas where you need to take responsibility before God.

3. Turn to Jesus to save you.

Do not stop with guilt. Ask Jesus to forgive you, cleanse you, rescue you, and renew you. Pray something like this:

“Jesus, I cannot save myself. I do not need self-improvement first; I need salvation. Thank you for dying for sinners like me. Thank you for taking the judgment I deserve. Thank you for offering forgiveness, righteousness, and new life. I turn from my sin and trust in you. Save me, change me, and teach me to walk as a new man.”

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