



Week 1 | Manhood Today (Lies and Promises)

Foundational Passage: Ephesians 4:17-24

[17] Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. [18] They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. [19] They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. [20] But that is not the way you learned Christ!—[21] assuming that you have heard about him and were taught in him, as the truth is in Jesus, [22] to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, [23] and to be renewed in the spirit of your minds, [24] and to put on the new self, created after the likeness of God in true righteousness and holiness.

Christlike Men reject the world's lies and turn away from their former way of life:

Christlike Men pursue new life in Christ more than the fleeting pleasures of this world:

“Transformed” is an invitation to reject the foolishness of this world, repent of the

sinfulness of the human heart, and become the man God created you to be.

I. Five Contemporary Manhood Lies

1. Men are toxic and dangerous.

Truth: Manhood is a good gift from God. SIN is toxic and dangerous.



2. Men are unnecessary and useless.

Truth: Our world desperately needs godly, courageous, humble men who follow Jesus.

3. Manhood is internal, not biological.

Truth: Manhood is a biological reality with a wide range of expressions.

4. Men are doing great and don't need help.

Truth: Men are confused and isolated.

5. Online content and algorithms will fix men.

Truth: Men need wisdom over knowledge, mentors over algorithms.

II. PROMISES FOR THOSE WHO FINISH

A. You will have a clear and compelling definition of manhood.

B. You will make some significant personal discoveries.

C. You will have a personalized plan for living as a Kingdom Man.

D. You will make new friends who are pursuing a common goal.



III. DISCUSSION QUESTIONS

1. Take a minute to introduce yourself to the other men in your discussion group. Share one personal hope you have for joining a manhood study like this one.
2. What word would you use to describe manhood in America today? Explain your reasons for choosing that word.
3. Which manhood lie has most influenced your thinking and behavior? Where has that lie shown up in your daily life?
4. How can the group pray for you this week?

IV. HOMEWORK

Memorize this Bible verse: 1 Corinthians 13:11 *“When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I put aside childish things.”*

Action item: look for manhood messages this week and write down what you see and hear. Note what is false and what is true in the messages you receive.